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SAUCY SECRETS: 'HOW'S YOUR EVIL PLAN?'

SHANNON LETS THE CAT OUT OF THE BAG DURING A VISIT TO DANIMAL IN THE RICH-PEOPLE HOSPITAL PAGE 6




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An architectural rendering of the new Commons apartment building. CONTRIBUTED

# 'Commons' apartment to rise downtown

**University of Winnipeg.** New 102-unit complex geared to appeal to families

BERNICE PONTANILLA
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The University of Winnipeg has big plans for a 14-storey, 102-unit apartment complex named "Commons" in downtown Winnipeg to ease a tight rental housing market.

Lloyd Axworthy, president of the University of Winnipeg, said on Monday the key feature of the $27-million, 112,000-square-foot complex behind the Buhler Centre will be "family-related" housing.

"We have a lot of students who want to come, who oftentimes are single mothers or fathers, they have a couple of kids — there's virtually no family housing of a modern kind in downtown," said Axworthy, adding their McFeetors Hall at Portage Avenue between Langside and Furby streets has been a success.

"What we discovered with McFeetors, we built 24 townhouses and within two hours they were totally subscribed.... (This new complex) will provide just good housing for people who want to work and live in the downtown or come to school."

Housing and Community Development Minister Peter Bjornson said he learned how difficult it could be to find housing when he moved to Winnipeg from rural Manitoba for university.

"This new apartment building will be more than just bricks and mortar, it will have a significant impact on the lives of students, families and individuals who'll be calling it home."

Axworthy said the shovels are expected in the ground this coming spring, with the entire building finished by the fall of 2015.

The 102 units, which range from one to three bedrooms, include 46 with affordable rents for lower-income people and students, with 32 of these on a rent-geared-to-income basis. The other 56 units will be offered at "market rents," and 16 of these will be premium units.

Axworthy said the project will be self-financed.

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## Crash victims in hospital

Two women were taken to hospital in stable condition after a truck and this car crashed at Edmonton Street and Broadway around 11:15 a.m., Monday. Police blocked traffic completely on eastbound Broadway from Hargrave Street and traffic on Broadway westbound was reduced to one lane while the accident was cleaned up over the lunch hour. SHANE GIBSON/METRO

## Acoustic tour. Bare-bones Bryan Adams to play the Prairies as he heads west

One of Canada's biggest musicians will strip down his set for Winnipeg.

Bryan Adams is bringing his Bare Bones acoustic tour to the Prairies next year, and those dates include stops in Winnipeg, Regina, Saskatoon and Prince Albert.

He will also play in Medicine Hat, Alta., Trail, B.C., and in Vernon, B.C.

Tickets for the shows go on sale on Monday, Dec. 2 at Ticketmaster. THE CANADIAN PRESS

Canadian singer Bryan Adams
THE CANADIAN PRESS

# 'Super show' benefits Philippines aid efforts

**Typhoon relief.**
Canadian government to match donations

SHANE GIBSON
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Filipino Journal publisher Ron Cantiveros has helped put together a "super show" to help raise money for the Philippines following Typhoon Haiyan. (Show) For The Philippines runs Dec. 6, and tickets are on sale now. SHANE GIBSON/METRO

A benefit concert planned for Dec. 6 at the Burton Cummings Theatre is raising money from Winnipeggers for relief efforts in the Philippines.

Super-typhoon Haiyan left more than 5,000 dead and four million homeless in the East Asian nation earlier this month.

Tickets for (Show) For The Philippines went on sale Monday, and with all proceeds going directly to the Canadian Red Cross's relief efforts, organizer Ron Cantiveros is hoping all 1,500 seats are filled.

"I know that there's a lot more that can be done," the Filipino Journal publisher told Metro about the concert he's helped plan over the last two weeks. "It's artists and groups coming together for a single cause to raise money, raise awareness and bring out the best in people to do good for the tragedy that's happened in the Philippines."

With tickets selling for $20 — and a lineup including Maria Aragon, The Treble, Flo, and Those Guys (just to name a few) — Cantiveros is certain the Dec. 6 "super show" can bring in $30,000.

And because the Canadian government is promising to match all relief money brought in for the Philippines before Dec. 9, a sellout would actually mean $60,000 in aid.

"What we're doing is really just a small piece of the global effort," said Cantiveros of the years of aid he thinks will be needed to rebuild the Philippines. "I just put this together because I felt Winnipeggers were capable of doing more."

Tickets for (Show) For The Philippines are available at ticketmaster.ca. WITH FILES FROM THE CANADIAN PRESS

**Assiniboine Park**

## Zoo names its new polar bear

It's been a beary busy few weeks at the Assiniboine Park Zoo's Polar Bear Conservation Centre.

The centre's latest arrival, an 11-month-old polar bear cub, has been named Kaska, "derived from the Kaskatamagan Wildlife Management Area, which lies within the traditional territory of Shamattawa First Nation," according to a press release from the Assiniboine Park Conservancy.

Kaska is currently in quarantine and will join the other polar bear cubs, Hudson, Storm and Aurora, in a few weeks.

Aurora is being scheduled for dental surgery Tuesday. METRO

**Stony Mountain**

## Authorities probe inmate's death

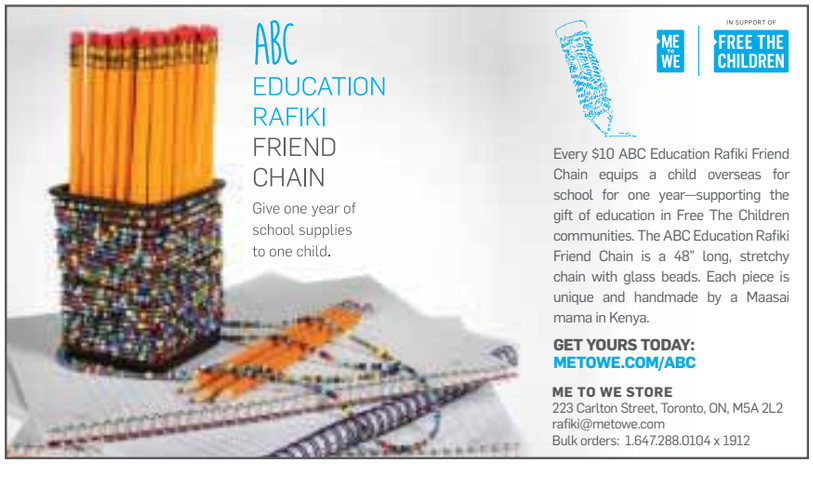
The Correctional Service of Canada is investigating the death of a Stony Mountain Institution inmate.

Devon Earl Sampson, 34, had been serving a five-year, six-month sentence for robbery and obstruction of a public or peace officer since Dec. 14, 2011, when he was found unresponsive in his cell on Saturday.

The Correctional Service of Canada said in a press release that staff immediately began CPR but their efforts were unsuccessful.

Sampson's family has been notified, as well as the police and coroner.

The Correctional Service of Canada said it will be reviewing the circumstances of Sampson's death. METRO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Mayor Sam Katz announced a plan Monday to include a $300,000 increase for libraries in the city's proposed 2014 budget. The budget still needs approval from council before any money will flow. SHANE GIBSON/METRO

# City budgets more bucks for books

**$300,000 increase.**
Katz pitches the need to invest in libraries in 2014 budget proposal

SHANE GIBSON
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The City of Winnipeg wants to add more reading material to both the physical and digital bookshelves at city libraries next year.

On Monday, Mayor Sam Katz announced that the city's proposed 2014 budget — which still needs council approval — would include a $300,000 increase to library spending.

"I think everybody understands the value of our libraries," Katz told media after announcing the proposed 11 per cent hike at the Millennium Library. "I was by here on Saturday and there was a lineup waiting for the library to open."

A release from the city said the proposed increase would be used to buy more e-books, additional multilingual material, books for those learning English as a second language, downloadable magazines, hard copies of popular books and material for the library's aboriginal services collection.

"This is a very good step, and we have to continue to invest in our libraries," said the mayor. "As you know, we've been building and renovating libraries (as) we tend to do, (but) it's the infrastructure as well as the facilities inside providing as much material as possible."

If the proposed funding gets the nod from council, the City of Winnipeg will spend just shy of $3.1 million on library materials next year.

**Going digital**

**53%**

According to the City of Winnipeg, city libraries saw a 53 per cent increase in the usage of e-books in just the first six months of this year compared with 2012.

# A five-point plan for rebuilding your trust

St. James-Brooklands councillor and possible mayoral candidate Scott Fielding announced a five-point plan he believes is needed to rebuild citizens' trust after a year of scandals and cost overruns.

Fielding outlined the plan Monday and said he will be putting forth motions to get it all moving.

"These are core ideas which can help rebuild trust," said Fielding, adding he hopes other ideas are brought forth as well.

The steps include: establishing an ethics and accountability office at city hall; putting together a whistleblower protection bylaw; requiring lobbyists to register; holding at least four referendums a term on major capital projects (about one per year); and starting a treasury board to track and monitor expenditures.

Fielding said only one — an ethics office — would need provincial support and have major budget implications.

"If we find money in the budget for it, obviously it's a priority ... so let's get it funded and let's get it going."

Mayor Sam Katz said attempts to have the province pay for an ethics office have already been turned down twice, and although he said he'd support the idea, the price would have to be right if the city plans on picking up the cost.

"I'm happy to talk to the city clerk and see about that. That's something that I'd have no problem supporting," Katz said. ELISHA DACEY/METRO

**Responsibility**

**"With what's been going on over the last year with the fire halls (audit) and the police headquarters, I think that we lost the trust of our citizens. I think, going forward, we need to regain that trust."**

St. James-Brooklands councillor and possible mayoral candidate Scott Fielding

Coun. Scott Fielding has announced a plan he believes can rebuild citizens' trust after a year of scandals. METRO

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# Transit Tuesday

Weekly Transit News Update

## THE SANTA BUS IS COMING SOON

Winnipeg Transit's Santa Bus will be hitting the road this Sunday. Starting December 1 until December 24, all cash and ticket fares collected on the Santa Bus will be donated to the Christmas Cheer Board. "Last year the Santa Bus collected over $13,000 for the Christmas Cheer Board and we're ho-ho-hoping to collect even more this year," said Mr. Claus. Since its inception in 1985, the Santa Bus has raised over $350,000 in donations. The Santa Bus features larger than life images of the jolly old man himself along with all his happy reindeer on the exterior of bus #829.

## DID YOU LOSE OR FIND SOMETHING ON THE BUS?

Call 311 or visit our Lost Property Office at Winnipeg Transit's Downtown Service Centre located in Winnipeg Square.

## PARK AND RIDE... AND RELAX

Leave your car at a Park & Ride location near you and take a bus to your destination. You'll enjoy the convenience and probably save a few bucks in gas while you're at it. Visit winnipegtransit.com for more information about our Park & Ride service.

## CONVENIENT DART SERVICE

Try Dart, the "Dial-A-Ride Transit" service for residents living in selected areas of south and southeast Winnipeg. DART buses operate during off-peak hours only and are cell phone equipped. Call 204-287-3278 (BUS-DART) and speak directly to the bus operator to arrange pick up from your home to/from a transfer connection. Please call well in advance of your trip. All rides are scheduled on a first-come, first-served basis. Visit winnipegtransit.com or call 311 for more information.

## BE SMART WITH YOUR SMARTPHONE IN PUBLIC PLACES

Thefts of mobile devices are on the rise in North America, particularly smartphones and tablets. Remembering to be aware of your surroundings while in any public place can significantly lessen your chances of becoming a victim. For instance, don't walk and text at the same time as you will be less aware of what is happening around you. Don't leave your mobile device unattended or in view of anyone in close proximity. It only takes a second for someone to steal your phone.

Coralee Smith, right, speaks outside the inquest into the segregation-cell choking death of her daughter, Ashley Smith, in Toronto on Monday. With her is Kim Pate of the Canadian Association of Elizabeth Fry Societies. COLIN PERKEL/THE CANADIAN PRESS

# Cell death a murder: Lawyer

**Ashley Smith case.** The warden threatened guards with excessive-use-of-force sanctions for entering the cell too quickly, according to inquest evidence

**Not equipped**

**The lawyer urged jurors to recommend a ban on segregation for self-harming or mentally ill women, saying it only does more damage.**

- He also slammed Correctional Service Canada, which he said had no business looking after women like Smith, for its resistance to accountability and change.

The death of a "precious daughter" who strangled herself in her segregation cell as prison guards videotaped but did not intervene should be deemed a homicide, a coroner's jury was told Monday.

In closing submissions at the Ashley Smith inquest, the lawyer who speaks for her family said overwhelming evidence shows top managers ordered frontline staff to stay out of her cell as long as she was still breathing.

The order, Julian Roy said, was devised by Warden Cindy Berry — "the new sheriff in town" — and communicated through her "weak" deputy, Joanna Pauline, to underlings.

"It was not a big misunderstanding. There was no broken telegraph here. This was not a case of staff confusion," said Roy.

"It didn't come off the cuff. It wasn't improvised. This was an order that was carefully thought out by those that issued it."

The order was never written down because it was an "obscenity," Roy said, but senior management's actions contributed significantly to Smith's death, making it a homicide.

Smith, 19, of Moncton, N.B., choked herself to death on Oct. 19, 2007, in her cell at Grand Valley Institution in Kitchener, Ont., just a few months after Berry took over as warden.

Roy traced how correctional officers, who initially rushed in when the disturbed Smith tied ligatures around her neck, succumbed to pressure from senior management to stay out of her cell unless her death was imminent.

A regional manager, brought in by Berry, also told officers that if Smith died, it would be "death by misadventure," the lawyer noted.

"If you have decided it's an accident before somebody dies, it's not an accident," Roy said. THE CANADIAN PRESS

# Italy. Prosecutor argues to reinstate Knox's guilty verdict in homicide

Amanda Knox attends her appeal hearing at Perugia's Court of Appeal on September 30, 2011 in Italy. FRANCO ORIGLIA/GETTY IMAGES FILE

The prosecutor seeking to reinstate the conviction of Amanda Knox for the murder of her roommate urged an appeals court on Monday not to repeat mistakes he says were made by the court that freed her.

Prosecutor Alessandro Crini said Italy's highest court had "razed to the ground" the Perugia appellate court's 2011 decision to throw out the guilty verdicts.

The high court ordered a fresh appeals trial, this time in Florence, saying the earlier appeals decision was full of contradictions.

Knox and Raffaele Sollecito were convicted in 2009 of killing Meredith Kercher, Knox's 21-year-old British roommate, who was found with her throat slit in her bedroom in 2007. They were sentenced to 26 years and 25 years in jail, respectively. After being freed in 2011, Knox returned to the United States and has not returned to Italy for the current trial. THE ASSOCIATED PRESS

# 30-year slave case. U.K. police expand search

British police investigating a slavery case involving three female victims say they are investigating 13 London addresses linked to the two suspects.

Police said Monday that inquiries into the new addresses followed an extensive search of an apartment in the Brixton neighbourhood of south London.

The Metropolitan Police also said that the male suspect is 73, not 67 as previously reported. The female suspect is 67.

One suspect is from India and the other is from Tanzania, but police did not specify which individual came from which country. Police have said they shared a political ideology with the three victims, who were allegedly held against their will for 30 years.

Police have said the victims initially lived with the suspects as part of a collective but refused to provide details about their beliefs.

British press reports Monday indicated the group was part of an extreme Maoist collective that operated in the late 1960s and 1970s. THE ASSOCIATED PRESS

**'Moral crimes'**

## Afghanistan may bring back stoning, says rights group

Human Rights Watch called Monday on the Afghan government to reject a proposal to reintroduce public stoning as a punishment for adultery, but the Justice Ministry denied that such a law had been submitted.

The organization said that a working group that is assisting in drafting Afghanistan's new penal code had proposed provisions on "moral crimes" involving sex outside of marriage that call for stoning. THE ASSOCIATED PRESS

**Texas**

## Cop accused of raping handcuffed woman

A Texas police officer is accused of raping a handcuffed 19-year-old woman in the back of his patrol car.

San Antonio's police chief told reporters over the weekend he was "angry" and "outraged" after Officer Jackie Len Neal was arrested Saturday on a sexual-assault warrant.

Neal was released from jail Saturday. A listed phone number for Neal was disconnected. THE ASSOCIATED PRESS

# Best known option.
# Abortion drug should be option in Canada: Report

A commentary in Canada's leading medical journal says Canadian women lack access to the best known option for abortion.

The authors say Health Canada is currently studying an application to bring that option, a drug commonly known as RU-486, to the Canadian market.

They say women in 57 other countries have access to the drug and say it is important that the application is approved.

The drug, mifepristone, is used in combination with another medication already approved for other indications in Canada.

The treatment essentially induces a miscarriage, avoiding the need for a surgical abortion in most cases.

RU-486 has been available in France since 1988, in Britain since 1991 and in the United States since 2000. A manufacturer would have to apply to bring the drug to market in Canada.

THE CANADIAN PRESS

A commentary says Canadian women should have access to the abortion drug RU-486. GETTY IMAGES FILE

**The bottom line**

Dr. Sheila Dunn, one of the authors of the commentary, said it's not clear why no one has applied to market mifepristone in Canada before now.

- "Sometimes if it's going to be really onerous to actually get drug approval and the economic margins are not going to be such that makes it worthwhile for someone to do that, that may be a deterrent."

**EU embargo**

## Ottawa to appeal WTO ruling on seal product ban

Ottawa will appeal a World Trade Organization ruling that says aspects of Europe's ban on imported seal products undermine fair trade but can be justified on "public moral concerns" for animal welfare.

THE CANADIAN PRESS

Seals and Sealing Network's Aaju Peter at a press conference Monday. THE CANADIAN PRESS

**Bargain hunters rejoice**

## Retailers aim to knock out rivals with discounts

Now that American retailers have landed in Canada, prepare for the fireworks as stores launch massive promotions and deep discounts in an attempt to draw shoppers. THE CANADIAN PRESS

**Random biz fact of the day**

**1.7**

It costs companies 1.7 times as much to hire an external candidate.

FORBES

**Market Minute**

**DOLLAR**
94.80¢
(-0.22¢)

**Natural gas:** $3.79 US (-2¢)
**Dow Jones:** 16,072.54 (+7.77)

**TSX**
13,472.22 (-6.12)

**OIL**
$94.09 US (-75¢)

**GOLD**
$1,241.20 US (-$2.90)

# Loud cell talkers in flight.
# Chatty Cathys could mean bumpy ride for airlines

One frequent flier thinks letting passengers make cellphone calls in airplanes will lead to arguments. MATT SLOCUM/THE ASSOCIATED PRESS FILE

The Federal Communications Commission might be ready to permit cellphone calls in flight. But what about the airlines?

Old concerns about electronics being a danger to airplane navigation have been debunked. And airlines could make some extra cash charging passengers to call a loved one from 35,000 feet. But that extra money might not be worth the backlash from fliers who view overly chatty neighbours as another inconvenience to go along with smaller seats and stuffed overhead bins.

"Common courtesy goes out the window when people step in that metal tube," says James Patrick II, a frequent flier from Newnan, Ga. THE ASSOCIATED PRESS

**Irritation in the air**

**"You think the debates and fistfights over reclining the seat back was bad. Wait until guys start slugging it out over someone talking too loud on the phone."**

James Patrick II, a frequent flier

# Black Saturday and Sunday too.

In celebration of IKEA Winnipeg's 1-year anniversary, take advantage of these amazing Black Friday offers all weekend long!

**VÄRMDÖ solid wood rocking chair**
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$49*
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# Douglas Coupland

Douglas Coupland's latest novel, Worst. Person. Ever., is available from Random House Canada.

Day 17

metronews.ca/temp

1 in 3 richies

## Temping: Not just for the poor

The shift into temporary work is being felt at all levels.

While confirming that low-income families are most affected by this trend, a recent report shows that middle- and high-income families aren't immune either.

• Low-income families (less than $50,000): 75 per cent are employed in insecure employment.

• Middle-income families ($50,000 - $100,000): About half are in insecure employment.

• High-income (over $100,000): Over one-third are in insecure employment. PHOEBE HO/FOR METRO

PHOTO ILLUSTRATION DAVID VAN DYKE/METRO

Survey says

## One in four Canadians apparently suckers

Most Canadian workers are happy with their jobs, according to a recent survey by Monster.ca. Twenty-four per cent say they love their job so much they'd do it for free. PHOEBE HO/METRO

# Temp Learns Some Secrets

After Sarah left, I tried watching more TV, but the thing about a Kate Winslet DVD marathon is that after about 1.75 movies your brain says, "I can't do this any more!" and forces you to get out of the beanbag chair and do something out in the real world. So I drove to the hospital to visit Danimal. In the Beemer I felt like I barely squeaked through their visitor parking lot's quality control filter — thank God the car had been recently washed. Once inside the building, a tastefully-clad male escort took me up to the third floor as though I was a guest appearing on David Letterman.

Danimal was in a bed looking woeful. "Shannon!"

"Hi Dan."

"Thanks for saving my life."

"I did no such thing. I just took you to the hospital. How is your ever-so-slightly collapsed left lung?"

I could tell Dan wanted to dramatize his condition but couldn't. "Oh, you know."

"I certainly do. I looked it up online. You'll be 100 per cent healed in one week. You should get out of this luxury hotel as soon as you can, too. It'll bankrupt you."

"Too late. I'm already bankrupt."

I cocked an eyebrow. "Really?"

"Why do you think we're dumping the company? I'm going to enjoy this country club lifestyle as long as I can on the insurance company's dollar."

I saw the remains of lunch. "What's the food like here?"

"Insane. Lunch was a wild mushroom risotto with shaved Parmesan. How's your Chinese boyfriend and your evil plan?"

"Dan, I'm assuming it's the painkillers making you stupid, but the fact of the matter is, yes, he and I do have a plan."

"I knew it."

I looked around the gorgeous room (a Warhol print of an eagle on the south wall) and waited for him to say something.

"Well, what is it — what's your plan?"

"I knew you'd ask. I knew you'd crumble."

**"Why do you think we're dumping the company? I'm going to enjoy this country club lifestyle as long as I can on the insurance company's dollar."**

So I told the Danimal the plan — and then after that I drove over to his place to check up on Chantelle. I rang the doorbell (also Dust in the Wind by Kansas — these people are thorough) and a much cleaner and studlier-looking Darren opened the door in a housecoat, holding a vodka tonic. "Chantelle! It's Florence Nightingale!"

"Ask her to come in."

Dan's house truly rocked — everything you'd expect in the gated community lifestyle. The fire pit alone was the size of my bedroom.

"Hi sweetie, have a drink. Darren, make our guest a Greyhound. There's fresh grapefruit juice in the fridge."

"Will do."

"So," asked Chantelle, "How's Dan?"

"He's looking good. Have you gone to see him yet?"

"Maybe tonight. I have to, um, pull myself together."

I said, "I'll drive you."

"That's sweet but I'll cab it. How are you doing?"

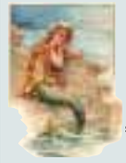
"I got fired this morning."

"Really? Well sit right down next to me and tell Chantelle everything."

TO BE CONTINUED...

Random fact of the day

- Animal Planet made a fake documentary about the existence of mermaids ... twice. People fell for the trick both times.



SOURCE: WTFFUNFACT.COM

Random biz fact of the day

## 56%

Yep, it's like sending your resumé into a void — 56 per cent of employers admitted they don't acknowledge receipt of applications.

SOURCE: NEXCAREER

What a scoop!

## Tell us the office tittle-tattle

Someone hit the booze a little too hard at the last office party? Co-workers getting a little too cozy at the water cooler? Share your juiciest office secret and we'll publish the best in tomorrow's paper. We need to know who you are, but we promise anonymity for all. Send us the scoop at readers@metronews.ca or iamtemp.tumblr.com.

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# WHY MILEY, NOT HANNAH MONTANA

SHE SAYS

**Jessica Napier**
metronews.ca

Another award show, another opportunity to hate on Miley Cyrus.

As the 21-year-old pop star performed at the American Music Awards this past Sunday clad in a two-piece, kitten-print bikini, Twitter blew up with catty (excuse the pun) remarks regarding her on-stage antics.

When it comes to Miley's titillating behaviour and provocative wardrobe choices, there's no shortage of venomous opinions and open letters. But why do women tend to react so negatively toward female peers who are openly sexual?

Canadian researchers Dr. Tracy Vaillancourt and Aanchal Sharma recently developed an experimental study to test their evolutionary-based hypothesis that women are intolerant of sexy women and will condemn those who seem to make sex too readily available. A group of heterosexual young women at McMaster University were enlisted to participate in what they thought was a study on female friendship. The participants were paired up with either a friend or stranger and then approached by a seemingly random woman dressed in one of two distinctly different outfits.

Lisa Elliot — a thin, blond and conventionally attractive student at the university — was chosen to partake in the study as the subject. Half of the time, Elliot approached the participants dressed in a plain T-shirt and jeans. In an alternative scenario she was outfitted in a low-cut top, a tight fitting mini-skirt and knee-high boots.

"There was no real contact between me and the participants when I was in the room," says Elliot. "I was asked to simply walk in and out without making any real connection." Vaillancourt and Sharma monitored the participants' reactions and recorded any signs of aggression — such as eye-rolling, laughter and negative comments — on a very scientific sounding "bitchiness scale."

Women who encountered Elliot dressed in the conservative outfit barely noticed her, while those who saw her in the more sexual getup were far more likely to react with some form of hostility. These participants regarded Elliot as promiscuous and as a sexual rival. A follow-up study showed that the women did not want to introduce her to their boyfriends, allow them to spend time alone with her, or be friends with her.

These women not only engaged in passive-aggressive behaviour to undermine someone they viewed as a potential threat, but also as way to connect with their peers. "I thought it was very interesting to see that so many of the girls, friends and strangers bonded together over their mutual dislike for me when in the racier outfit," noted Elliot.

Competition and hostility among women is much more prevalent than we might think. Some might dismiss a study like this as petty; but gossiping, slut-shaming and other forms of indirect bullying can cause very real emotional distress. We need to continue conducting and learning from studies like this to make ourselves more aware of our own bitchy behaviour and the potential harm it can inflict.

Follow Jessica Napier on Twitter @MetroSheSays

## ZOOM

# Put on your yarmulke, it's turkey time

PAUL SANCYA/THE ASSOCIATED PRESS

### Thanksgiving and Hanukkah coincide

When life gives you Hanukkah on Thanksgiving, make a menurkey.

Or a turkel.

That's what students at suburban Detroit's Hillel Day School are doing — creating paper-and-paint mashups of menorahs and turkeys, and the birds combined with dreidels.

Rozie Aronov, 7, (pictured) holds up her menurkey she created at Hillel Day School in Farmington Hills, Mich.

The recent class projects illustrate one way U.S. Jews are dealing with the convergence of the secular and sacred holidays that will see Thanksgiving overlap with the start of Hanukkah on Thursday.

The last time the overlap happened was 1888 and the next is 79,043 years from now — by one estimate widely shared in Jewish circles.

THE ASSOCIATED PRESS

### How often do you get to eat challurkey?

Saul Rube, Hillel's dean of Judaic studies, said the combinations of Thanksgiving and Hanukkah icons underscore a deeper bond: The Talmud, one of Judaism's core texts, describes Hanukkah as a "holiday of thanksgiving."

"The fact that you could meld our Jewish culture and the popular culture is such a wonderful opportunity," he said.

Rube said his Thanksgiving dinner will have one notable addition: A challurkey, a loaf of Jewish challah bread in the shape of a turkey. Some Detroit-area bakeries are selling them but he found one he liked online from a kosher bakery for $12, plus shipping costs.

"I told my wife if we amortize the cost over 80,000 years 'til it happens again, it's not so bad," he said.

THE ASSOCIATED PRESS

Clickbait

LUKE SIMCOE
Metro Online

ADRIAN ROGERS/BBC/THE ASSOCIATED PRESS

**You may have noticed a lot of people suddenly talking about Doctor Who. The iconic British series marked its 50th anniversary on Nov. 23, making it the longest running science fiction show in the world. If you're curious, or just want to keep up with the conversation, here are a few sites that will help you tell the difference between a Dalek and a sonic screwdriver.**

### The TARDIS Data Core:

Named after The Doctor's famous time machine — which resembles a blue policeman's box — the TARDIS Data Core is the de facto wiki for Doctor Who fans. It boasts over 37,000 articles about the show, the universe and its characters. (tardis.wikia.com)

### Official Doctor Who Tumblr:

Recognizing the show's cult following online, the people behind Doctor Who started a Tumblr page, which happens to include a friendly guide for Who noobs. (doctorwho.tumblr.com/new-to-doctor-who)

### The Inspector Spacetime Wiki:

Not so much a beginner's guide, but rather an insightful parody. What began as a spoof on NBC's Community has grown into a genuine fandom, chronicling the adventures of a mysterious detective who travels through time in a red phone booth. (madmanwithabooth.wikia.com)

## Comments

**RE: Black Friday and America's Working Poor, published online Nov. 24**

So, I agree that wages are low, but they are in line with what the government regulation is, so who's really at fault here?

The government simply has to raise the minimum wage.

They were talking about how (the U.S. Chamber of Commerce) was holding up a bill saying that any wage increase has to be coupled with a tax break for companies. I guess that is to cover the cost of the raise. So now the government has to lose money in order to raise the minimum wage, how does that work?

The way I see it, raise the minimum wage up to 10 bucks and add an additional two per cent tax on any money earned over $250,000. That's should just about cover it. Government has to stop being pressured by big business and do what needs to be done for the better of all its people!

**Grrrrrrrrr posted to metronews.ca**

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DVD review

## The Grandmaster

**Director.** Kar Wai Wong

**Stars.** Tony Leung Chiu-Wai, Zhang Ziyi

●●●○○

Wong Kar-wai's martial arts tribute reminds us early on that with kung fu, you're either standing or lying flat on your back. Ip Man, played with white hat, black robes and stoic magnetism by Wong regular Tony Leung Chiu-Wai, intends to always be standing. The middle-aged fighter is as good as his word in a rainy prologue where he grapples with a group of younger assailants. He'll also need to sort out an avenging woman (Zhang Ziyi), a fierce and avenging battler in her own right, whose story is one of several tangents The Grandmaster takes on its circuitous route to enlightenment and justice. The movie could use more of this kind of directness. It's a departure for Wong, who has approached the topic before but normally deals with matters of the mind and heart rather than the hand and foot. He can't resist drifting back to form, even when bodies are in motion.

PETER HOWELL

# TV temp-tation

If a staffing agency could wave a magic wand and place temps wherever they want, the Googleplex in Mountain View, Calif., would be getting them by the busload. On-site perks include everything from foosball tables and beach volleyball courts to a chance to scope out driverless cars doing donuts. But even the tech darling's HQ has nothing on television's top workplaces.

MIKE DOJC
scene@metronews.ca

### Caltech (Big Bang Theory)

Walking the halls of Caltech would be a riot. You'll toy with lasers and learn a little experimental physics from Leonard Hofstadter. Maybe he'll even hook you up with a gig on his next far-flung field trip. His Stephen Hawking-sponsored North Sea voyage to search for the hydro-dynamics equivalent of the Unruh effect turned out to be a hardcore party cruise. Just keep your distance from Sheldon Cooper if you want to retain your sanity.

### S.H.I.E.L.D. (Marvel's Agents of S.H.I.E.L.D.)

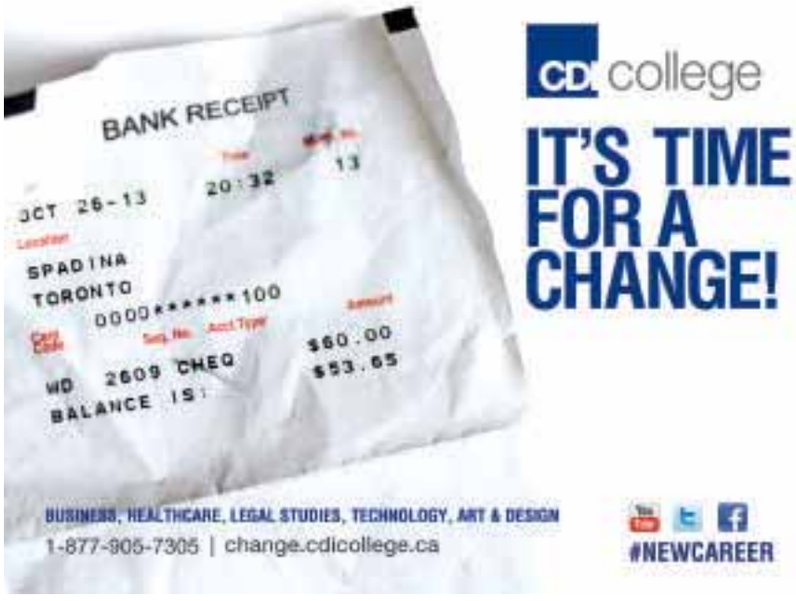
Temping at the Strategic Homeland Intervention, Enforcement and Logistics Division could very well be the most dangerous placement on the planet but clandestine workplaces don't get any cooler. Field agents at this place make their FBI and CIA counterparts seem downright dowdy and they get to play with awesome next generation gadgets. Quantico and Langley's best and brightest are here where ordinary terrestrial terrorists are small fry.

### Sterling Cooper & Partners (Mad Men)

While Don Draper can be a hard case, he knows great talent when he spots it. Impress the cagey creative director and your temporary stint could lead to a permanent position. In this swinging '60s creative powerhouse, that means cavorting with fetching co-workers, three martini lunches, casual office sex and of course a creativity-stoking corporate culture.

### World Famous Gold & Silver Pawn Shop (Pawn Stars)

Temping here would be a history wonk's dream. Valuable sports memorabilia and antique military firearms come through daily and organizing these artifacts beats typical office drudgery. Besides, when's the last time you fired a 100-year-old Hotchkiss Cannon to see if it works?



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# METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

**The Word**

## *Williams-Paisley smacks down Underwood rumours*

PAT HEALY
Metro World News

How would you react if a reporter marched up to you and announced that your country singer husband was cheating on you with a spangly, blonde fellow crooner? Kimberly Williams-Paisley was secure enough to laugh it off.

Nashville actress Williams-Paisley is married to country star Brad Paisley. In what reads like a plotline from the show, rumours emerged last week that Paisley was having an affair with fellow star Carrie Underwood. When an Us Weekly reporter relayed the gossip to the Nashville star, she was decidedly unimpressed — and burst out laughing.

"Are you serious?" she said. "Wow! I hope it helps our careers! That's all I can say."

The actress said she's confident in the strength of her marriage. "We spend as much time as we can [together]. We're very down-to-earth people. We come from good families, and we appreciate family."

## Has Lawrence's relationship, once on Hoult, caught fire again?

Jennifer Lawrence

It looks like the summer reconciliation between Jennifer Lawrence and on-again, off-again boyfriend Nicholas Hoult worked out, as a casually dressed Hoult was spotted in Lawrence's limo as she left her taping of the Daily Show with Jon Stewart in New York last week, according to Us Weekly. The pair originally met on the set of X-Men: First Class in 2010 and dated for about two years before splitting up in January, but they seemed to be back together this summer while filming the next X-Men film. Despite Lawrence's hectic travel schedule promoting The Hunger Games: Catching Fire, she and Hoult "talk constantly," according to a source.

Michael Jackson ALL PHOTOS GETTY IMAGES

## Murray remains mum on Michael's alleged misconduct

In his first interview since being released from prison, Conrad Murray has plenty of candid things to say about Michael Jackson — but he'll only go so far. At one point, 60 Minutes in Australia correspondent Liz Hayes asks, "Do you believe he's a pedophile?" and that's when Murray gets cagey. "I'm not prepared to answer that question, not now," Murray says. "I would not make up or fabricate anything." When Hayes points out that she'd expected him to just say no, Murray gets even more vague: "One thing I will tell you is this. I may have formed an impression of an individual based on certain things I have seen or encountered," he says. "You asked a question, and I'm not prepared to answer it. Not now."

## Sun safety no joke for Jackman after cancer screening

Hugh Jackman

Hugh Jackman is speaking out after a recent skin cancer scare, urging his Instagram followers to be careful. "[My wife] Deb said to get the mark on my nose checked. Boy, was she right," Jackman wrote in a caption for a photo of him with a bandaged nose. "I had a basil cell carcinoma. Please don't be foolish like me. Get yourself checked. And use sunscreen!"

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# Learning all her secrets

**Interview.** Victoria's Secret Angel, Lily Aldridge, dishes on how she keeps her figure and some of her beauty rituals

ROMINA McGUINNESS
Metro World News

Metro caught up with Lily Aldridge, Victoria's Secret Angel, hours before the Victoria's Secret Fashion Show to chat chicken wings, butts and the love of her life.

**How do you make sure you look great in your underwear?**
I do a lot of Ballet Beautiful (a method developed by Mary Helen Bowers, the woman who prepped Natalie Portman for the movie Black Swan). My body's become more toned, more flexible, and I feel stronger, healthier. I'm not good at aerobics, or any kind of boot camp, but this is amazing, and it suits my body so well. Mary Helen and I, we'll do bridge exercises for the butt, inner and outer thigh work on the mat, arm moves, some cardio — it's a full body workout. I work out five to six days a week, for an hour and a half each time, but make sure I take one or two days off when I do nothing but relax. You need to rest.

**Do you work out as much once the show is over?**
No. I'll probably do one hour, three to four times a week. I have to stay in shape for Victoria's Secret all year long, but it's definitely not as intense.

The Victoria's Secret show, featuring Lily Aldridge, airs Dec. 10 on CBS. GETTY IMAGES

**But do you enjoy it — all the working out?**
I love it. I've always been an athlete. It isn't even necessarily about what your body looks like, but being happy, and healthy. Just do what is good for you. I like being toned on the runway, and feeling like I worked hard.

**As an Angel, is there a particular body area you've not been told to tone, but know you have to tone?**
I try and not worry about what other people say. Everyone has their flaws … but leading up to the show, I'll do like, a billion butt lifts.

**Are you happy with the results — how are you feeling butt-wise?**
Yeah, I feel good.

**What about your diet? Do you eat better, or less?**
When you work out a lot, you can indulge, so my diet doesn't change too much. It's not really about weight loss but about being healthy. I try and not eat a ton of salty things, so that I don't hold water. I eat clean, simple, organic foods: lots of protein, lots of vegetables, and lots of avocado and salmon, as they make my skin look great. And I'm obsessed with roasting chicken right now. I've been making roast chicken and baked sweet potato every night — it's really yummy and comforting.

**You must be sick of it, surely.**
No! I eat chicken all year. I love chicken legs, and chicken wings … that's kind of like, almost a whole chicken.

**What 'you can't touch this' food do you want to eat once the show is over?**
I think everyone will probably eat a lot of junk food. I'll probably go to Joe's Pizza tonight and order a cheese pizza. I can't wait — all dressed up in my after-party dress.

**Good move: I'm not sure they'd let you in if you were wearing nothing but lingerie.**
You never know …

**What about your pre-show beauty rituals?**
I'm pretty low maintenance. I love wearing an oil before I go to bed. It makes your skin very supple and pretty. I use the RMS beauty oil.

**How has having a baby — one-year-old daughter Dixie, with Kings of Leon front man Caleb Followill — changed your relationship with your body?**
I've always been healthy. But everything is about my daughter now. She's the love of my life, my number one priority.

## Lily's beauty staples

**NARS**
Bronzing Powder in Laguna

**RMS**
Living luminizer

**Tarte Cosmetics**
Gifted Amazonian Clay Mascara

Did you know 72% of pain sufferers regularly have trouble sleeping?
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TYLENOL NIGHTTIME

You look great in your compression gear, but does it actually help you as a runner? ISTOCK PHOTOS

# Compressing the facts on your gear

**Fitness clothes.** The jury is still out on whether compression gear actually helps but that doesn't stop it from flying off shelves

ANISA ARSENAULT
Metro World News

It's race day. You stretch on your most intimidating compression gear, knowing that the extra slimming material and arbitrary flashy stripes (which you assume are doing the "compressing") separate you from your lowly competitors. You know, the people who are only wearing regular spandex. But scientifically speaking, can you be sure compression gear is effective?

Kai Karlstrom, a triathlete and Tier Four Trainer at Equinox in New York City, says no. But that doesn't stop him from wearing it.

"Everything about compression gear is anecdotal," Karlstrom says. "All of the research that I have seen doesn't prove that it actually has any effect; the blood, or physical markers of recovery, don't show anything different. But muscle soreness and perceived recovery is a benefit that almost everyone feels."

In other words, researchers say nothing proves that compression gear works, but everybody indicates that they feel better.

"The research doesn't prove anything, but that being said, I use mine." Karlstrom says of his apparel.

While he says that research is inconclusive, there is heavy scientific rationale behind the functionality of compression gear. The pressure is supposed to improve blood circulation, delivering more oxygen to contracting muscles while allowing waste products to be pulled out.

"Gear with a specific amount of compression — anywhere from 15 to 35 millimeters of mercury (mmHG) of compression— functions on a few principles," Karlstrom explains. "The main one is muscle pump, and/or venous return. When we stand for a while, blood can sometimes pool at the bottom of our legs, because blood has to fight gravity back up to our heart. When we wear compression gear, it helps constrict the blood vessels, or the veins, to aid in recovery of the muscles. When the blood flows better, waste products are pulled out in a better manner."

According to Karlstrom, this compression process is most effective in the leg area, making compression tights better than compression arm sleeves.

"I know they make compression gear for your arms and things like that, but I find the legs are where you get the most bang for your buck," he says.

As compression gear becomes trendier in the fitness world, athletes erroneously rely on it as a simple solution to pain.

"It shouldn't be a remedy for pain, and I think too many people are trying to use it as such," Karlstrom says. "People don't really know what's going on in their bodies, so they find a simple solution."

## Fitness clothing

**Workout clothes for women, once relegated to the back of the closet, are moving to the front of the fashion scene.**

- **Trends.** Yoga pants are the new jeans, neon sports bras have become the "it" accessory and long athletic socks are hipper than high heels. Blame it on the push by many Americans toward a more active lifestyle. Or call it an extension of the nation's fascination with fashion. Either way, these days jogging suits are just as likely to be seen on a runway in New York as a treadmill in Texas. In fact, sales of workout gear are growing faster than sales of everyday clothing — by a lot. Spending on workout clothes jumped seven per cent to $31.6 billion during the 12-month period that ended in August from the same period a year ago. That compares with a one per cent rise in spending for other clothing to about $169.2 billion.

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# Stir-fry goes leaner with turkey

ROSE REISMAN
For more, visit rosereisman.com or follow her on Twitter @rosereisman

Turkey breast is an even leaner protein than chicken breast. You can find boneless breasts in your supermarket. I like to dust the turkey cubes for this Turkey With Hoisin Sauce Stir-fry with flour in order to maintain the moisture.

This recipe serves four. ROSE REISMAN

**Ingredients**

**Sauce**
- 1 cup low-sodium chicken stock
- 2 tbsp low-sodium soy sauce
- 3 tbsp hoisin sauce
- 4 tsp cornstarch
- 1 tbsp brown sugar
- 1 tsp sesame oil
- 1 1/2 tsp crushed fresh garlic
- 1 tsp minced fresh ginger

**Stir-fry**
- 8 oz boneless, skinless turkey breast, cut into 1-inch cubes
- 2 tbsp all-purpose flour
- 2 tsp vegetable oil
- 1 1/2 cups thinly sliced red bell pepper
- 1 1/2 cups halved snow peas
- 1/2 cup sliced water chestnuts
- 1/4 cup coarsely chopped cashews for garnish
- 1 large green onion, chopped for garnish

**1.** To make the sauce: Place the stock, soy sauce, hoisin sauce, cornstarch, brown sugar, sesame oil, garlic and ginger in a small bowl and whisk to combine. Set aside.

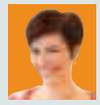
**2.** To make the stir-fry: Dust the turkey with the flour. Spray a nonstick wok or frying pan with cooking oil and place over medium heat. Brown the turkey on all sides for 3 minutes or until browned but not cooked through. Remove from pan.

**3.** Respray the pan and heat the oil over medium heat. Add the red pepper and snow peas; stir-fry for 2 minutes or until the vegetables are tender-crisp. Stir the sauce and add it to the pan along with the turkey and water chestnuts. Cook for 2 minutes, until the turkey is cooked through and the sauce has thickened.

**4.** Serve immediately, garnished with cashews and green onion.

**Health Solutions**

## *Gooble, gobble, French style*



NUTRI-BITES
Theresa Albert
DHN, RNCP
myfriendinfood.com

There is a region in France, south of Paris that is bucolic and rural and is the source of the next greatest gift of poultry.

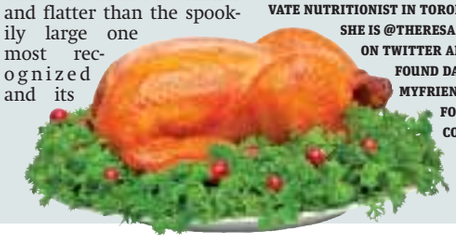
"This breed is technically called Black Turkey since its feathers are black," says Sam Gundy of Olliffe Butchers in Toronto, "but it will be marketed for the first time this holiday season under the name Aritsan Gold."

The turkey looks nothing like the big frozen bird you will find at the grocery store. Its breast is smaller and flatter than the spookily large one most recognized and its legs are bigger and darker. Almost as if it could actually walk which, in fact, this bird does. It is slowly and naturally grown and antibiotic free.

Artisan Gold roasts just like a regular bird only it doesn't require any "butter" injection, brining or basting. Its flesh is slightly more yellow and much meatier tasting. If you are counting on pan juices for gravy, you will have to add them because all the juices stay in and keep the meat moist. No oil slick on top of salty brine here.

Simply take the neck and gizzards and simmer on the stovetop covered with water to make a healthier, leaner, tastier gravy.

Vive la France.



THERESA ALBERT IS A FOOD COMMUNICATIONS SPECIALIST AND PRIVATE NUTRITIONIST IN TORONTO. SHE IS @THERESAALBERT ON TWITTER AND FOUND DAILY AT MYFRIENDINFOOD.COM

## Lunch. Thai Turkey Soup

**1.** In saucepan, heat oil over medium-high heat. Add turkey pieces with onion and garlic and sauté 5 minutes or until browned. Add coriander and ginger. Sauté 2 minutes.

**2.** Stir in remaining ingredients. Reduce heat and simmer for 15 minutes or until turkey and vegetables are cooked. Taste and adjust seasoning. Remove lemongrass before serving. THE CANADIAN PRESS/ SOUPESOUP BY CAROLINE DUMAS (PUBLISHED IN ENGLISH BY HARPERCOLLINS PUBLISHERS LTD., BY ARRANGEMENT WITH FLAMMARION QUEBEC, 2012).

**Ingredients**

- 30 ml (2 tbsp) olive oil
- 1 boneless, skinless uncooked turkey breast, chopped
- 1 large onion, finely chopped
- 4 garlic cloves, chopped
- 15 ml (1 tbsp) ground coriander
- 15 ml (1 tbsp) grated ginger
- 1.25 l (5 cups) boiling water
- 1 stalk lemongrass, white part only, bruised using back of knife
- Juice of 2 limes
- 2 celery stalks, finely chopped
- 2 carrots, thinly sliced
- 1 parsnip, thinly sliced
- 30 ml (2 tbsp) tamari
- 5 ml (1 tsp) toasted sesame oil
- 1/2 bird's-eye chili, finely chopped
- 45 ml (3 tbsp) chopped cilantro
- Sea salt and ground pepper

# Move over, bread crumbs — potato coating offers crunch

**1.** Heat the oven to 350 F.

**2.** In bowl, whisk 6 tablespoons of the flour, the salt, pepper and baking powder. Set aside.

**3.** Place grated onion on clean dish cloth, gather up edges to form a bundle. Holding bundle over the sink, squeeze out at much liquid as possible.

**4.** In a mixing bowl, combine onion, potatoes, brisket, flour mixture and egg whites. Mix well to make a batter that is loose, but holds together well, adding more flour if necessary. Set aside.

**5.** Place remaining 4 tablespoons of flour in wide, shallow bowl. Place the 2 whole eggs in a second wide, shallow bowl.

**6.** To prepare cutlets, one at a time dip each first in the flour, then the beaten eggs. Then use your hands to press 1/3 cup of the potato mixture evenly onto one side of each cutlet.

**7.** In a large skillet over medium-high, heat about 1/4 inch of oil until a shred of potato dropped into the oil sizzles immediately.

**8.** Working in batches, add the cutlets potato side down, to the skillet. Cook until the potatoes are crispy and browned and the turkey is no longer pink at the centre, 4 to 5 minutes. Carefully press another 1/3 cup of the potato mixture on top of each turkey cutlet, then flip and brown on the second side for another 4 to 5 minutes. Transfer to a rimmed baking sheet, then repeat with remaining cutlets.

**9.** Bake for 10 minutes, or until the turkey reaches 165 F at the centre.

THE ASSOCIATED PRESS

**Potato-Crusted Turkey Cutlets**

This recipe serves six. MATTHEW MEAD/ THE ASSOCIATED PRESS

**Ingredients**

- 10 tbsp all-purpose flour, divided
- 1 tsp kosher salt
- 1 tsp ground black pepper
- 1/4 tsp baking powder
- 1 cup grated sweet onion
- 20-oz bag fresh shredded potatoes (about 4 cups)
- 3/4 lb finely shredded or chopped cooked brisket or corned beef
- 4 egg whites, whisked until frothy
- 1 1/4 lbs fresh turkey breast cutlets
- 2 whole eggs, lightly beaten
- Vegetable oil, for frying

# Start-up advice from a couch-surfing millionaire

**Entrepreneurship.** Brian Chesky, CEO of home-sharing website Airbnb, says it's a great time to go it alone

ELISABETH BRAW
Metro World News

Heard the story about the guy who earned a fortune on his spare bed? Well, it's true. New Yorker-turned-San Franciscan Brian Chesky and his two co-founders came up with the idea of Airbnb as a way of making a few bucks. Five years later, Airbnb is the go-to place for every young (and not-so-young) traveller, with offices in 11 countries and 10 million nights booked in homes like yours. Chesky, now 31, explains how to succeed with your own idea.

**Everyone wants to become a hugely successful entrepreneur, but 99 per cent of business ideas don't end like Airbnb. How did you know that you had a winner?**

We didn't know that Airbnb would be a winner. It started because one weekend my roommate and I discovered that we had no money for rent. But there was a big conference coming up in San Francisco and all the hotels were sold out. My roommate and I thought, "Why don't we organize a bed and breakfast for the conference?" We pulled air beds out of a closet and rented out space in our apartment. We called it the Air Bed & Breakfast.

**So your company didn't seem like a winner in the beginning ...**

We thought it was a clever idea, but we didn't know that it would be successful. Then we asked some other people to try it and they loved it. That made us realize that if other people experienced what we experienced, they'd really like the experience, too.

So the challenge was to get people to try it, so we tried to get people around the world to do it. We thought just a few people would do it, that hosting people in your house is not for everyone. But at a certain point we started noticing that lots of people were doing it and loved it, not just people like us — people of all ages and backgrounds.

**What's the make-or-break point for a start-up?**

When word of mouth starts taking off and your business starts growing without anything that you're doing. That's when you know that it's going to be pretty big. If people are incredibly excited about it, they'll tell lots of people. Then you realize that it's a huge market: tons of people who love your product tell everyone they know about it. You can feel it.

**What's your main motivation? Finding people a place to stay for free? Couch surfing enthusiasm? Making money?**

A new economy is being built around the world, and it's based on the idea of sharing. It's not inevitable, but if it happens, it will be a fundamentally better world, and it will provide an alternative to billions of people, people who are connected with each other. We want to help create that kind of world. I also want to provide incredibly meaningful experiences to millions of people all over the world. And I want to help create a new company culture that will impact how the 21st century works.

**Youth unemployment is at a record high in many countries. What's your advice to a young, well-educated person who can't find a job?**

The challenges of high youth unemployment may very well create lots of new opportunities that will, in the long term, be really good for an entire generation.

**Are you saying that recession is a good opportunity for young people to try out something totally new, like entrepreneurship?**

Entrepreneurship success can happen for many kinds of people. Not everyone has to have a company the size of ours, but I think anyone can be autonomous. I think the reason many young people are unemployed is that they don't fit into the current market system, but it doesn't mean that you can't create your own market. For example, we're having many micro-entrepreneurs join Airbnb. They don't start their own companies, but they're providing services as hosts and build businesses around that. I think now is one of the best times in the world to strike out on your own.

"Come share my bed." Brian Chesky has millions of reasons to smile after he made couch surfing a huge business. AGATA NOWICKA/ENDO.PL

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## Concussions. Ex-players sue NHL for lack of protection

Ten former NHLers, including all-star forward Gary Leeman, are claiming in a class-action lawsuit that the league hasn't done enough to protect players from concussions.

The lawsuit seeks damages and court-approved, NHL-sponsored medical monitoring for the players' brain trauma and/or injuries, which they blame on their NHL careers. It was filed in U.S. federal court in Washington on behalf of players who retired on or before Feb. 14 of this year and have suffered such injuries.

**Plaintiffs**

In addition to Leeman, the other ex-players on the lawsuit are Bradley Aitken, Darren Banks, Curt Bennett, Richard Dunn, Warren Holmes, Robert Manno, Blair James Stewart, Morris Titanic and Rick Vaive.

The suit comes just three months after the NFL agreed to pay $765 million to settle lawsuits from thousands of former players who developed dementia or other concussion-related health problems — and in an era when more attention is being paid to the damages of head injuries sustained in sports.

Bill Daly, the league's deputy commissioner, issued a statement Monday.

"While the subject matter is very serious, we are completely satisfied with the responsible manner in which the league and the players' association have managed player safety over time, including with respect to head injuries and concussions," the statement said. "We intend to defend the case vigorously and have no further comment at this time." THE ASSOCIATED PRESS

# Pavelec, Jets hardly beDevilled in N.J.

**NHL.** Winnipeg goalie makes 25 saves for milestone win as team snaps 4-game skid

**On Monday**

| Jets | Devils |
|---|---|
| 3 | 1 |

Ondrej Pavelec made 25 saves in earning his 100th NHL win, and the Winnipeg Jets snapped a four-game losing streak by beating the New Jersey Devils 3-1 on Monday night.

Mark Scheifele and Evander Kane scored in the first two periods as the Jets opened a season-high, six-game road trip by completing a two-game, season-series sweep of the Devils, who lost their second straight game.

Devin Setoguchi scored into an empty net in the final minute.

Pavelec was less than 10 minutes from his second shutout of the season when Patrik Elias deflected a shot from the point by Andy Greene past him.

Elias scored his fifth goal of the season after earlier firing a shot off the crossbar in the second period during a shorthanded, 2-on-1 break.

The Devils spent most of the third period in the Jets's zone, but Pavelec came up big. He made his best stop against Adam Henrique, who shot from low in the left circle with just over four minutes to play.

Scheifele, who scored the Jets's first goal of the season, ended a 24-game goal drought with 3:59 left in the first period on a wide-open shot from the right circle that found the top corner of the net.

THE ASSOCIATED PRESS

The Jets's Mark Scheifele celebrates his goal in the first period against the Devils in Newark, N.J., on Monday. BRUCE BENNETT/GETTY IMAGES

## NBA. Rose done for season due to latest knee injury

Chicago Bulls star Derrick Rose is out for the remainder of the season.

The team said that Rose had successful surgery Monday morning in Chicago to repair a torn medial meniscus in his right knee. He was hurt Friday night at Portland.

The 2011 NBA MVP missed all of last season after tearing the anterior cruciate ligament in his left knee in Chicago's 2012 playoff opener against Philadelphia. He has played in just 50 NBA games — 49 in the regular season and that lone playoff game — since the Bulls' run to the Eastern Conference finals during his MVP season.

THE ASSOCIATED PRESS

**Bulls back to Plan B**

**"We have to circle the wagons, and then get out there and get the job done."**

**Bulls head coach Tom Thibodeau** on playing the majority of another season without 2011 NBA MVP Derrick Rose

## NHL. Maple Leafs value only growing, Forbes says

If most valuable team were a factor in Stanley Cup success, the Toronto Maple Leafs would win every year — by a mile.

The team, which made the playoffs last year after a nine-year drought, once again topped Forbes's annual valuations of the league's 30 teams.

The Leafs are valued at $1.15 billion, a 15 per cent increase over last year's total, when they became the first hockey team to break the billion-dollar mark.

Joining the Maple Leafs in the top five are the New York Rangers ($850 million), the Montreal Canadiens ($775 million), the Vancouver Canucks ($700 million) and the Chicago Blackhawks ($625 million).

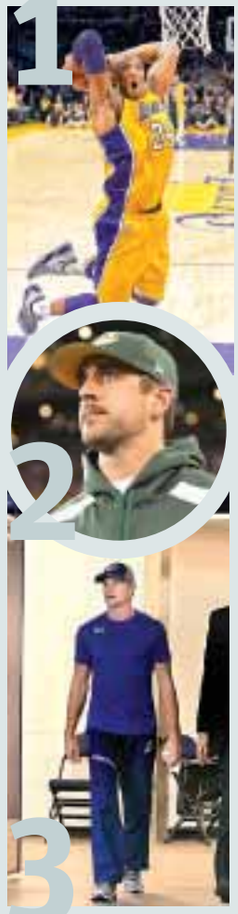
TORSTAR NEWS SERVICE

**Jets price tag**

**$340M**

**The Winnipeg Jets ranked 16th in value among the NHL's 30 teams with an estimated worth of $340 million.**

**Sports in pictures**



1 **NBA.** Injured Bryant given mega-extension

The Lakers signed Kobe Bryant to a two-year contract extension Monday, securing the aging superstar with what ESPN reports is a deal worth $48.5 million.

THE ASSOCIATED PRESS

2 **NFL.** Rodgers' return on hold

Packers coach Mike McCarthy said Monday the chances of quarterback Aaron Rodgers playing Thursday at Detroit are "slim to none."

THE ASSOCIATED PRESS

3 **NHL.** Bolts' Stamkos back on his feet

Tampa Bay Lightning star Steven Stamkos is walking without crutches or a boot two weeks after breaking his right leg and said Monday he fully expects to play again this season. THE ASSOCIATED PRESS

## Horoscopes

### ♈ Aries
**March 21 - April 20**
It may appear as if a rival has got the upper hand but you are not beaten yet. You are at your best when your back is to the wall and things look grim. It brings out the fighter in you.

### ♉ Taurus
**April 21 - May 21**
Whatever you do today will go extremely well but you will also have to deal with people who can't stand the idea of you being successful and constantly pick holes in your triumphs. Ignore them.

### ♊ Gemini
**May 22 - June 21**
Your own interests must come first. No matter how sorry you feel for someone and no matter how much you want to help them out, don't jeopardize your own position. If the roles were reversed would they sacrifice for you?

### ♋ Cancer
**June 22 - July 23**
According to the planets, you are not much in the mood for working with other people. That's good. Creative projects will go best if you cut yourself off from the world and focus on what matters to you.

### ♌ Leo
**July 24 - Aug. 23**
If you believe that a certain course of action is necessary then go for it and don't think of what might happen if it goes wrong. Life is a gamble or it is nothing, so follow your instincts and don't give up.

### ♍ Virgo
**Aug. 24 - Sept. 23**
Something you have been dreaming of for months is now within reach and before this day is over you will have one hand firmly on the prize.

### ♎ Libra
**Sept. 24 - Oct. 23**
Someone appreciates what you have done and over the next 24 hours will go out of their way to show it. Take it as a reminder that good deeds never go unrewarded.

### ♏ Scorpio
**Oct. 24 - Nov. 22**
You like a challenge, be it mental or physical, and that's good because someone will confront you with a puzzle that takes all your brain power to solve. Don't look for the obvious answer. Look for what everyone has missed.

### ♐ Sagittarius
**Nov. 23 - Dec. 21**
Force yourself to go beyond your natural limits today. You will find you still have plenty in reserve. You may be easygoing by nature but there is also a tenacity about you. You refuse to be defeated.

### ♑ Capricorn
**Dec. 22 - Jan. 20**
It's good to learn from your own mistakes but it's better to learn from other people's. Watch them do something the wrong way then do it the right way. That's easy enough.

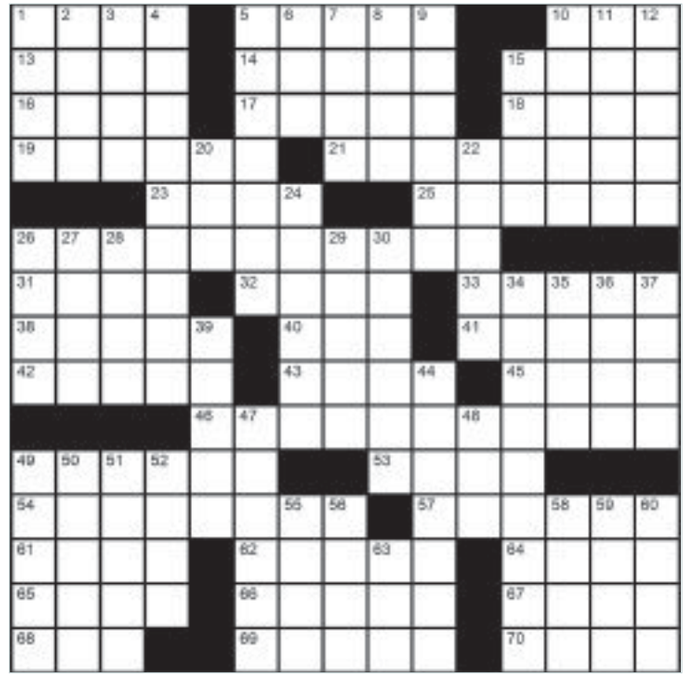
### ♒ Aquarius
**Jan. 21 - Feb. 19**
You are under no illusions about what needs to be done to improve your career but can you translate that into action? Many people's great ideas never come to much. You must not be one of them.

### ♓ Pisces
**Feb. 20 - March 20**
You can try to change another person's opinions about something but it's unlikely you will succeed. Even if facts are on your side, they'll refuse to see it your way. **SALLY BROMPTON**

## Crossword: Canada Across and Down

See today's answers at metronews.ca/answers.

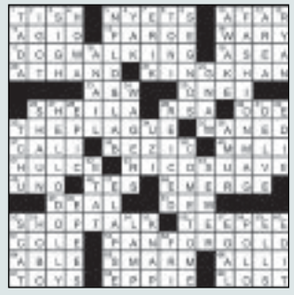
**BY KELLY ANN BUCHANAN**



### Across
1. Toronto Mayor Rob Ford's brother
5. Stack creator
10. The Queen __ (b.1900 - d.2002)
13. Montreal suburb, Baie-D'__
14. Pointed arch
15. Optimism
16. Deity worshipped in ancient Thebes [var. sp.]
17. "__, __ really." (Response to "Would you like to...")
18. Roughly, __ __ about
19. Tom Cruise vampire
21. Canadian novelist, Douglas __
23. Luau souvenirs
25. Ottawa: __ Canal
26. __ _: Tales for an Accelerated Culture (Bestseller by #21-Across)
31. Sort of lily
32. Political party event [abbr.]
33. Toaster waffles
38. Cycled
40. Lyric poem
41. "Hasta __!" (Bye, in Spain)
42. Panorama
43. Early helicopter
45. __-do-well
46. The Prairies, Canada's __
49. Stingy
53. Twi'lek dancer of Jabba the Hutt's court in "Return of the Jedi" (1983)
54. Historic area of Winnipeg, __ District
57. "My sentiments exactly!": 2 wds.
61. Venue
62. Poi ingredients
64. Skeleton part
65. Gin flavouring
66. Up in the air
67. Pet fish's home
68. Hankering
69. Survives
70. Young hawks

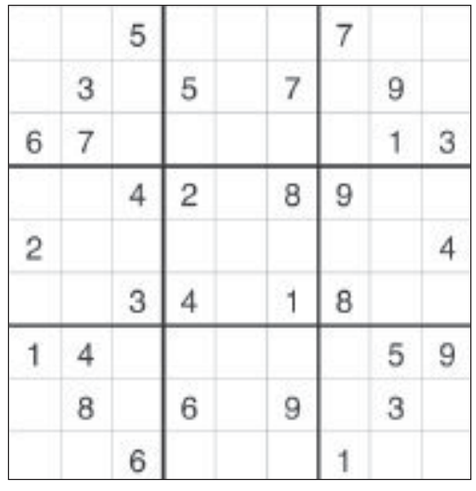
### Down
1. Double
2. Paul Revere & The Raiders song: "Him __ __ - What's It Gonna Be?"
3. Li'l saucers
4. "Shelter Valley": Debut single by Cobourg, ON band __ Husbands
5. 18th-century Chief of The Ottawa
6. 54-40's "_ __ Blind" Labrador
15. Grasp
20. Irish carrier, __ Lingus
22. High-tech dot
24. Larry, Curly or Moe
26. Chatters
27. Mr. Clapton
28. Microwave, in slang
29. Agra's locale
30. Exaggerate
34. 21-__ __
35. Nerd
36. S-shaped moulding
37. Variety
39. Ms. Winger
44. Some members of orchestras
47. Leased car
48. Completely
49. Dishevelled
50. Banish
51. __ Bell, pen name of youngest Bronte Sister, Anne (b.1820 - d.1849)
52. Clarified butter
55. Grand party
56. Cupid's Greek counterpart
58. That which Buffy would do
59. "True Blood" star Ms. Paquin
60. Creatures of Tibet
63. Commonly, in poetry
7. Hamilton expressway, The __
8. Rachael Ray's cooking stuff
9. Bring back
10. Singer, Janelle __
11. ABC's "Once __ _ Time"
12. Labrador Sea, in French: __ __

## Yesterday's Crossword



## Sudoku

**How to play**
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.



### Yesterday's Sudoku

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 1 | 6 | 2 | 7 | 8 | 3 | 9 | 5 | 4 |
| 7 | 5 | 4 | 2 | 1 | 9 | 6 | 3 | 8 |
| 9 | 8 | 3 | 6 | 5 | 4 | 7 | 2 | 1 |
| 2 | 3 | 8 | 9 | 4 | 1 | 5 | 7 | 6 |
| 5 | 9 | 6 | 8 | 2 | 7 | 1 | 4 | 3 |
| 4 | 7 | 1 | 3 | 6 | 5 | 8 | 9 | 2 |
| 8 | 1 | 9 | 5 | 3 | 2 | 4 | 6 | 7 |
| 3 | 4 | 5 | 1 | 7 | 6 | 2 | 8 | 9 |
| 6 | 2 | 7 | 4 | 9 | 8 | 3 | 1 | 5 |

## Weather

| TODAY | WEDNESDAY | THURSDAY |
|---|---|---|
| MAX: -11° MIN: -15° | MAX: -9° MIN: -13° | MAX: -7° MIN: -11° |

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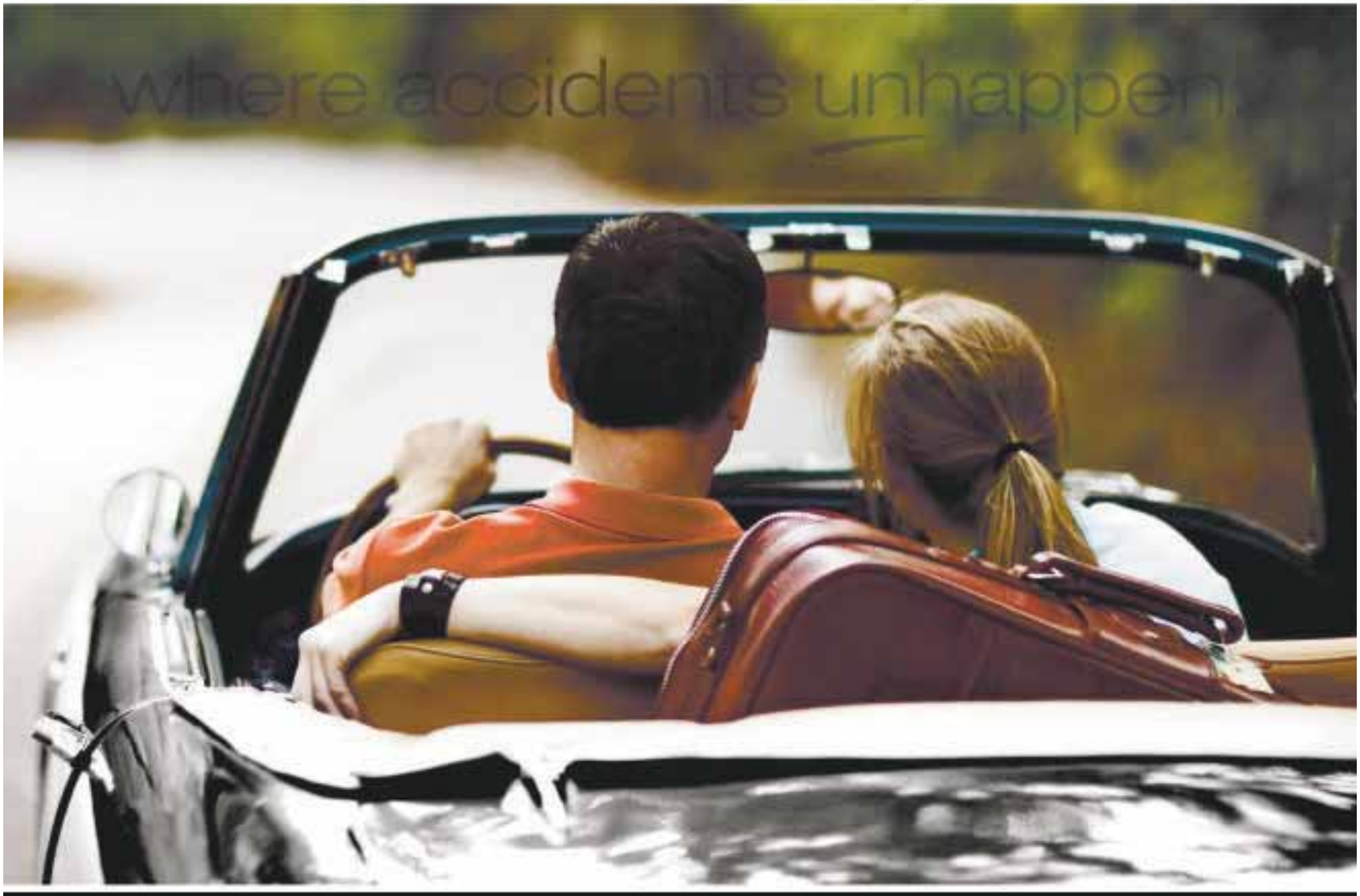


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